



friendship force

CENTRAL
NORTH CAROLINA

Our mission is to promote global understanding across the barriers that separate people.

September 2022



Helping Hands in the Triad

This edition of the FFCNC Newsletter is about Volunteerism in the Triad, and some details about several future events including two important inbound journeys currently scheduled for October and November of 2022.

In 1831, French political scientist Alexis de Tocqueville visited the United States to research and study the American penal system. Over the course of his nine-month tour of America, he was inspired to write about the broader workings of American society, including the uniquely American tendency toward volunteerism.

In his seminal work *Democracy in America*, he notes:

In the United States, as soon as several inhabitants have taken an opinion or an idea they wish to promote in society, they seek each other out and unite together once they have made contact. From that moment, they are no longer isolated but have become a power seen from afar whose activities serve as an example and whose words are heeded.

Our organization is a 501c-3 not for profit entity and as such, in general, we pay no income taxes. Members pay a small amount for annual dues and for the most part their work for Friendship Force is voluntary and without compensation. Many of our members devote a portion of their available time to other worthwhile activities and with that activity they do earn a sense of satisfaction in that they help others in their community.

One of our members, Ralph Cauthen, is currently working on an inbound Journey of students from the Republic of Moldova. Part of the program will be to have the students learn about volunteerism and leadership in America and to devote a portion of their time here in America performing a volunteer activity in one of our local communities.

Other members of our Club devote their time and talent to local community organizations. The limited space in this Newsletter will not allow me to mention all the work done by our members, but I will highlight a few and mentions some current events.



FIESTA
... 2022 ...
**30th Anniversary
Art Exhibit!!**

Featuring
Hispanic/Latino
artists

September 2 -
October 29

**Do you want to
participate?**

Submit up to
3 entries by
August 15th

**OPENING
RECEPTION**

Thursday
September 8

5:00PM -
7:00PM

Milton Rhodes Center
for the Arts
251 N Spruce St,
Winston-Salem,
NC 27101

FOR ALL THE DETAILS VISIT
www.HispanicLeague.org
or call 336-270-9210

HISPANIC LEAGUE
30th ANNIVERSARY

Ann Barefield, our Club's Immediate Past President is actively involved with the Hispanic League in Winston-Salem. The League is celebrating its 30th Anniversary this year and the events will need Volunteers. Call 336-270-9210 to get more information about how to help.

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world relief® 

TRIAD

World Relief is a global Christian humanitarian organization that brings sustainable solutions to the world's greatest problems – disasters, extreme poverty, violence, oppression, and mass displacement. We partner with local churches and community leaders in the U.S. and abroad to bring hope, healing and transformation to the most vulnerable.

Judy Greene has been volunteering for this organization for years and most recently they have been helping resettle Afghani refugees in the Triad and have been providing support and assistance as they settle into North Carolina.

Ongoing support and assistance is always necessary and you can volunteer your time by contacting World Relief at:

Winston-Salem Location

102 W 3rd St. Suite 315
Winston-Salem, NC 27101
P: 336-887-9007

Read | Write | Spell



Woody Clinard, our Club Secretary has been a longtime volunteer/ tutor for **Read Write Spell** in Winston-Salem.

New training programs for Volunteers will begin in September and October.

For more information and to volunteer contact www.ReadWS.org or call 336-779-1300.



Mary Davis, Membership Chair dips into the hot fudge sauce at the Ice Cream Social. The recipe for Eleanor Stoller's mother's sauce is below:

Helmi's (Eleanor's Mother's) Hot Fudge Sauce

Melt $\frac{1}{4}$ cup shaved bittersweet chocolate and $\frac{1}{4}$ cup butter in a saucepan. Be careful, because this burns easily.

Add $\frac{3}{4}$ cup granulated sugar and $\frac{1}{4}$ cup dark (unsweetened) cocoa.

Stir in $\frac{1}{2}$ cup heavy cream (or half-and-half) until mixture is smooth.

Bring to boil, stirring constantly. Remove from heat and stir in 1 teaspoon vanilla.

Cool. Store in the refrigerator. Mixture will harden. Reheat before serving

Super Special Thank You to Barbara and Jim North for providing the Home Made Ice Cream for our Social.



Lots of smiles at the Ice Cream Social on Monday, August 29th at the home of FFCNC's Social Director Lucy Kaplan.



Bill Gramley samples the Fudge sauce. Karla and Sandra are busy dishing ice cream.

Two Inbound Programs are currently under development.



Don Woodward is busy developing an Emergency Medical Arts program for a group of 5 Delegates from Ukraine. The delegates arrive in North Carolina on October 14th and will be in the Triad until October 22nd.

We will have a Welcome event and a Farewell event for all our club members and details will be announced soon. If you want to volunteer to assist Don in some part of the program please call 336-408-6666.

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Ralph Cauthen and his Committee are busy working on a Leadership Development program for a group of 11 Delegate Students from the Republic of Moldova. This program is being developed jointly with the Secretary of States Offices in Raleigh, North Carolina. The theme of Volunteerism will be a major part of the program of activities for the Students.

The Students arrive in the Triad on Saturday November 12th until Sunday November 20th. More details will be announced in a later bulletin.

Please call Ralph Cauthen at 336- 299-2089 if you want to volunteer for this program. Home Hosts and small dinner party hosts are still needed.